



# ZUROUNA

www.tucsonmedclub.org

A publication of the Tucson MED Club

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## Message from the MED Club President: Hassan Hijazi

Dear fellow members and friends of the MED Club:  
Greetings and best wishes to all.

The Annual Med Club meeting was held on Sunday February 26. The meeting was productive and fun and it was widely attended by new and old members. The attendees discussed a wide range of issues related to the club, our past and future activities and the election of the new board. We had a very good and productive 2011, we have accomplished all the events which we have planned with a noticeable rate of success based

on the number of people who have attended. There is plenty of room for improvement and I think we have a plan for 2012 to make it better, more fun, rewarding and more organized. The attendees elected the following members to our 2012- 2013 leadership and board of directors.

**Hassan Hijazi, President**  
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**Magdalien Moussa**  
**Lydia Sahyouni**

**Kamal Moukabary, VP**  
**Osama Abdelatif**  
**Salim Hariri**  
**Albert Moussa**  
**Reem Assy**



***J am the descend-  
ant of a people  
that builded  
Damascus, and  
Byblos, and Tyre  
and Sidon and  
Antioch,  
and now J am  
here to build with  
you, and with a  
will.***

I look forward to working with all of you to make the future endeavor for the MED Club to be successful, entertaining and productive one.

I would urge all to help us continue on the path to excellence by making sure the club activities will continue to prosper:

- Continue the member recruitment and encourage others to join the club.
- Collaborate with other entities in our community and University Departments such as the Center for Middle Eastern Studies and partner with them on joint events to promote awareness of who we are as part of the larger community.
- Continue successful club activities, such as: family gatherings, picnics, newsletter, scholarship drives, graduation ceremonies and New Year events.
- Encourage all to participate in the cultural, social, lectures and musicals of our greater community. Let our community know that we exist! I will be sharing many of these pertinent social and cultural events with you on a regular basis.

Thank you all and I look forward to working with you on a very productive and healthy 2012.

Best regards  
Your friend,  
Hassan Hijazi

# 6 Ways to Make Your Own Luck

Contributed by Salim Hariri

Source: <http://www.inc.com/nicole-carter/6-ways-to-make-your-own-luck.html>



Many of us regardless of background and profession believe their success is in part due to a little bit of luck-- that chance meeting with a potential friend, investor or that dinner conversation that sparks a new idea. In fact, a new study by networking site LinkedIn found that 84 percent of 7,000 professionals they surveyed say they believe in career luck.

But let's face it: There isn't an exact science to luck. You can't predict it. However, there have been plenty of successful entrepreneurs, authors, and even researchers who've tried to map out just what makes someone lucky.

Here are a few of the top tips for cultivating your own luck.

- 1. Be humble.** Part of cultivating luck, writes author and venture capitalist [Anthony Tjan](#) for Harvard Business Review, is increasing your influence. And the best way to do that is through cultivating something counterintuitive: humility. He added: "People can mistake humility for weakness and avoid it so as not to lose perceived power...You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you."
- 2. Roll up your sleeves.** This seems pretty obvious to those who consider themselves lucky. According to the LinkedIn survey, a whopping 70 percent of those surveyed said a strong work ethic was the number one thing that makes someone lucky. But to work hard, you also have to be skilled. Nearly half of the respondents in the same survey said that skills were another contributor to career luck.
- 3. Be generous.** Tjan [also writes](#), "Never lose the spirit of generosity; instead, allocate it appropriately. Remaining a mentor to others, connecting with community activities, simply saying more 'thank-yous,' and doing more things without over-thinking the potential 'value-exchange' equation, is a pay-it-forward attitude that in the long-run usually pays off in spades. Plus, it just feels good to be generous."
- 4. Be ready.** *Good to Great* author Jim Collins has said that if one cannot predict luck, the question to then ask is: "Do you have a high return on luck?" In a *New York Times* essay [he revealed](#) this concept using Bill Gates as an example. He wrote: "Thousands of people could have done the same thing that Mr. Gates did, at the same time. But they didn't...How many of them changed their life plans--and cut their sleep to near zero, essentially inhaling food so as not to let eating interfere with work--to throw themselves into writing Basic for the Altair? How many defied their parents, dropped out of college and moved to Albuquerque to work with the Altair? That's not luck--that's return on luck."
- 5. Go with your gut.** Who better than the late Steve Jobs to describe why trusting in your gut instincts may be the best way to ensure your luck in the future? In his famous speech to a graduating class at Stanford he said, "You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something—your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life." Add to that, according to the LinkedIn survey, nearly half of the respondents said that "using your intuition" has been an important factor in their career luck.

## Continue from Page 2: **6 Ways to Make Your Own Luck**

**6. Simply believe that you are lucky.** A recent study from psychologist and University of Hertfordshire Professor Richard Wiseman found that simply believing you are lucky can create positive outcomes. He took two groups of people: one that considered themselves "lucky," and another that considered themselves "unlucky." He gave both groups newspapers and asked everyone to report back how many photos were in the issue as quickly as possible. The lucky people came back with the answer in seconds, much faster than the unlucky group. Why? Because on page two of the paper, there was an ad that read "Stop counting. There are 43 photographs in this newspaper."

Wiseman concluded: "Unlucky people miss chance opportunities because they are too focused on looking for something else. They go to parties intent on finding their perfect partner, and so miss opportunities to make good friends. They look through the newspaper determined to find certain job advertisements and, as a result, miss other types of jobs. Lucky people are more relaxed and open, and therefore see what is there, rather than just what they are looking for."

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For information contact: Lydia A. Sahyouni, 520-370-2218 • Reem Assy, 520-282-1114  
Hassan Hijazi, 520-955-3657

# Med New Year Eve Party at Loews Ventana Resort



## Med Club Information: Please Join or Renew Your Membership for 2012

- If you are already a member, please renew by sending a check payable to: Tucson Med Club

**Fees: Family Membership: \$70**

**Individual Fee: \$35**

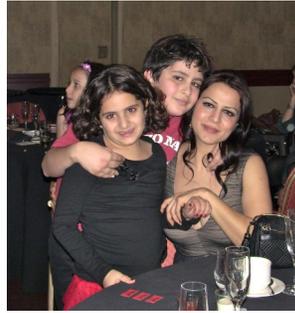
**Donations: MED Scholarship Fund**

- If you are not a member, you can download the application form from our website at

[www.tucsonmedclub.org](http://www.tucsonmedclub.org) or contact Hassan Hijazi, MED Club President, at 520-955-3657, [hhijazi@email.arizona.edu](mailto:hhijazi@email.arizona.edu) or Kamal Moukabary, MED Club VP, at 520-245-9225, [kmoukabary@hotmail.com](mailto:kmoukabary@hotmail.com)

Please note that to be officially a member, according the MED bylaws, the board must discuss and approve the application.

# Event to support Parents Against Diabetes Disease Foundation



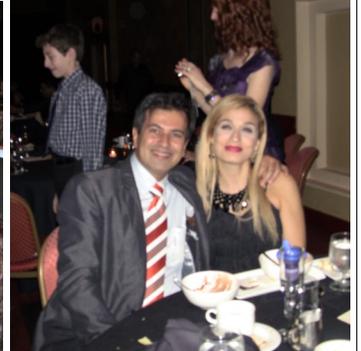
# A Peek at New Year Eve Party







# New Year Eve Party, Loews Ventana Resort





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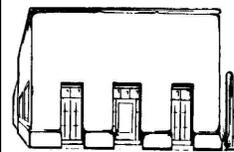
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**Kahlil Gibran**

*"You should be proud of being an American, but you should also be proud that your fathers and mothers came from a land upon which God laid His gracious hand and raised His messengers."*

## **TUCSON MED CLUB**

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[Http://www.tucsonmedclub.org](http://www.tucsonmedclub.org)



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